

WOESKUS

Cameron St Arnaud @surfphotographysa

Going Places

MALDIVES

Lohis

Eat Sleep

Travel

EXPLORE





EDITOR'S Note

Teresa Hollander

In the turmoil of today's business world, leaders are attempting to adapt, stay on course and change, in order to cope with the pressure brought about by Covid 19.

The world of work has indeed seen a transformation. Flexible working hours have become the order of the day, with most office staff now working from home and enjoying the advantage of being able to pick up kids from school, start and finish early or keep a doctor's appointment. Workforce productivity has become a

global issue. Talent sourcing (and retaining) has become more challenging from a global perspective.

Team dynamics and performance are being put to the test, demanding trust and collaboration across board. Virtual meetings have become the norm, with people now being able to work from anywhere.

Most employees today have all the tools they need on their laptops, smart phones and tablets, to

comfortably work from home. Cloud technology enables secure access to documents, whilst collaboration and communication tools have made it possible to communicate with people globally, at any time and any place. This has opened the door for people to travel more, being able to from anywhere. This was obvious in the Western Cape, where tourism picked up substantially.

The borders are open people. Let us grab every opportunity and not waste time. Travel, discover new destinations and be happy!



BEACH Time



Jeffreys Bay

De Viswif

This family restaurant, The Viswif, boasts with the Diners Platinum Award wine list and includes wines and spirits from most of South Africa's wine regions as well as abroad, ensuring you will find something that suits your taste.

This beach front restaurant is on the edge of town and presents an interesting and relaxing atmosphere with a menu which includes sea foods, local dishes and several exotic dishes.

Their variety caters for all tastes and budgets to make sure you do not leave hungry and disappointed.

The Mexican

The Mexican is a popular restaurant situated in central Jeffrey's Bay, known for its good California style Mexican food and great vibe.

The cocktails coming out of the lively bar are legendary and often there's live music. Located above J Bay's Country Feeling Surf Shop, the décor is decidedly Mexican with wall murals painted by well known local artist Steven Bibb.

The extensive range of cocktails includes the superb Blue Margherita and can be sampled on the deck whilst watching the day's last waves roll in on J Bay's famous Kitchen Windows beach.

In Food

From the ground to your plate, heavenly food graces the palate organic and full of flavour. Fast becoming internationally renowned, In Food is an oasis of heavenly cuisine bursting at the seams with melt-in-the-mouth pleasures.

Discover artisan breads, croissants, delectable cakes and tarts or start the day with a morning delight of organically grown creamy oats served with fresh farm milk, Karoo fynbos honey, stewed dried fruit and toasted almonds.

Sumptuous fried breakfasts start with two free-range eggs, cooked to perfection, juicy pork sausages, two slices of bacon with fried tomato and grilled mushrooms.

Treat yourself to a VIP experience and discover a world of culinary pleasures at In Food.

JBay Bru Co.

JBay Bru Co. is simple in its objectives, to delight their customers with their awesome burgers and authentic wood fired pizzas.

It's the ideal spot to relax after a day out on the beach, or to ebb one's stress away after a long working week. If it's a hearty breakfast you're after, you can't go wrong with a "Bru Breakfast".

Offering generous portions to their customers, these meals provide all the nutrition without skimping out on flavour.

Here you can munch on good food, or slurp on a beer while relaxing in comforts of the beer garden. During the winter, make yourself comfortable in front of a roaring fire.



Cape St Francis



Rambling Rose

Rambling Rose is one of our favourite lunch/breakfast spots when we're in St Francis. It's absolutely a gem! Decent food and a lovely vibrant atmosphere with the bonus of an outdoor play area for the kids, and kids' food options.

Toasted sandwiches and milkshakes are delicious, but even more so is the little square of shortbread that you get with your (very good) coffee!

The staff is friendly, and their service is very good. This is a must stop when traveling to JBay.





Liondames Ronelle en Helena, VLV Voorsitter Anna en Lionspresident Neville.



Ina Brand - Moorreesburg Lions en Teresa Hollander - Redakteur Woeskus Tydskrif



Gaste: Helena, Izette en Dr Bester



Mej Dowe Suid-Afrika Marisa met Deidre, bemarker van Huis van Heerde

MOORREESBURG LIONSKLUB

(Foto's links en regs)

Moorreesburg Lions en die VLV se High Tea funksie, fondsinsameling en ter viering van Huis van Heerde se 101 verjaarsdag.

Neville en Ronelle van Rensburg is die dienende Presidentspaar vir die fiskale jaar 2021 tot 2022. Neville se visie vir die klub is "Dien Ander" en beywer hom, soos die president sedert 1997 hier op Moorreesburg, om die tradisie van diens aan die gemeenskap te vestig.

Lions Klubs Internasionaal is oop vir alle diensgerigte lede van die publiek en tree altyd apolities en buite kerkverband op. Daar word ten alle tye respekvol teenoor klublede se kultuur, taal en godsdiensoriëntering opgetree.

Lion Neville: "Indien jy 'n omgee, 'n hart het wat graag ander wil help, sal jy tuis voel by die Lions. In hierdie tyd waar ons hele nasie 'n moeilike tyd beleef, bied die Lions 'n sprankie van hoop vir die persone wat dikwels deur die samelewing versak is".

Alhoewel die afgelope 18 maande tydens covid-19 uitdagend was, het Moorreesburg Lions daarin geslaag om die gemeenskap op verskillende vlakke by te staan. Met die hulp

van Lions Klubs Internasionaal het Lions 'n 1 000 mediese maskers aan Huis Moorrees en Imanuelle geskenk. Daar is gereeld warm sop en brood aan behoeftiges uitgedeel. Sowat 10 gesinne kry weekliks voordeel uit die Lions se voedselprojek.

Die klub het ook 83 katonne (+/- twee ton) met voedsame grondbone kragpakkes, by die verskillende sokkombuise, kleuterskole en Kinderhuis versprei. Lions hou gereeld Diabetes toetsing en lig die publiek in oor die simptome en gevare van diabetes.

Moorreesburg Lions sal nooit projekte kan aanpak sonder die ondersteuning van die publiek en dit is te danke aan die ondersteuning van sakeondernemings.

Een van Lions se diensprojekte waarop hulle baie trots is, is die uitleen van mediese toerusting, soos rolstoel, looprame, badstoele en self hospitaalbeddens. Moorreesburg Lions het ook aan Huis Moorrees en Imanulle elk 'n suurstofmasjien geskenk.

Moorreesburg Lionsklub se dienswerk word gemotiveel deur:

- Honger te beveg
- Bewustheid van diabetes te skep
- Kinderkanker te beveg
- Blindes en mense met sig probleme by te staan
- Vernietiging van omgewing te voorkom
- Programme vir jeug aan te bied
- Hulp tydens rampe te verskaf



BACKLINE BABES

Instagram: @backlinebabes (main platform)

Facebook: Backline Babes

Emma Horner

Backline Babes was founded back in September 2020, where it grew from just a small idea into a community of 300 female surfers.

As an ocean lover, I always admired the surfers at Muizenberg Beach, but I never got round to giving surfing a try.

The ocean is an intimidating place and there was always something holding me back. Maybe nerves, maybe the fear of the ocean and her awesome power, maybe because surfing is male dominated,

or maybe the water was simply too cold. Regardless, the surfer's style and poise was so easy on the eye and I just had to give it a go.

Fortunately, my partner who is an avid surfer, was able to guide and push me in the right direction.

So, I did it and took the plunge. Let's just say that I never looked back. This life changing decision is what sparked the flame and thus the story of the Backline Babes begins... This feeling of catching waves was so addictive, and before I knew

it, the bug had bit. I was in love with surfing. I would get up early on weekends to be at the beach breathing that fresh ocean air and watching the most beautiful sun rises. I set a goal and it was clear, I wanted to improve fast and be one of those surfers with style and poise. But I had a problem.

I didn't have any ladies to surf with. I thought, how could I get more female surfers in the water to create a more comfortable surfing environment.

That's the moment the idea sparked, let's start my own Ladies Surf Community!

This idea brought me such excitement and I felt more strongly about it day by day, however I was very reluctant to share the idea as I wasn't sure if the challenges I faced were the same as other female surfers.

I had nothing to lose and so I nervously shared an Instagram story to see the response.

To my surprise my inbox was flooded with amazing women sharing the same challenges and wanting to come together to create this community.

So, I started it! With no experience, only a vision. I started a WhatsApp group for communication which grew day by day. Now I had likeminded ladies all keen to meet up.

Our goal was simple... lets surf together and have fun. Ladies met for lunchtime surfs, before-work surfs, after-work surfs, and even group weekend surfs.

Strangers started to become friends and the community started to grow with the help of social media and word of mouth.

The community started off with 30 girls at our first meet up. Since then, the community has grown to over 300 beautiful women sharing the stoke, improving their skills, creating new friendships and catching good waves.

The more we grew the more opportunities came our way such as partnering with the well-known Lifestyle Surf Shop in Muizenberg.

This includes discount codes with certain brands, photoshoots, giveaways, bootcamps for strength training and so much more.



BEN ESTERHUYSE



The 2021 Sea Harvest SA Junior Surfing Championships, presented by SMTH Shapes was held at Lower Point Jeffreys Bay from 1st October 2021. This was the first SA Junior Championship since 2019 and a total of 174 athletes from all over the country competed over 5 days in the various age groups.

The conditions varied from good over the first few days to tricky light onshore conditions on the finals day. Two boys that learned to surf at the Elands Bay beach break and that are now regular surfers at Elands Bay and the West Coast performed exceptionally well in the contest. Ben Esterhuyse won the boys U12 title and Adam Faclier came second in the same division.

This is quite remarkable for Elands Bay surfing considering they competed against surfers from all over the country at a right hand point break while Elands Bay is a left hand point break.

Ben Esterhuyse also received the male surfer of the contest award. For delivering the most consistently impressive surfing performance throughout the contest.

SOUTH AFRICA'S FUTURE WORLD CHAMPION...?



ELANDSBAY'S NO 1



West Side KNEELOS



The Westside Kneelos Backdoor bash last year was good. It was really, really good. It blew the roof off any kneeboarding comp ever held in South Africa. It was world class. Did I say it was good? So how could Lester Sweetman and his Westside Kneelos team do better this year? Was it possible?

Oh yes. The comp this year took place over 3 days to make the best of the variable Springtime surf conditions. They worked in an extended location permit to include Big Bay as a venue.

Not the greatest wave in the world but it does handle the onshore winds better. And we all received a pack of coffee vouchers. Oh yes, the Westside team outshone themselves, again.

The Westside Back Challenge is a kneeboard surfing competition. This year the invite list consisted of 32 of the top riders in the country. The event is unique in that it has a backdoor for riders who underperform in their heats. Each heat consists of 4 riders.

The top two riders continue advancing in heats in the main event. The bottom two riders go through to the Backdoor. In the backdoor heats the top two riders go back to the main event.

The bottom two continue in the backdoor until they eventually fall out of the comp or join the other competitors in the main event. And so it goes. It's like a continuous loop. This is an awesome system as it keeps everyone involved in the event up till the last few heats.

The format is also brutal. If you end up in the backdoor too often, it could mean you get to surf 6 heats on the final day. Each heat was 30 minutes so you could end up surfing for 3 hours. That's heavy going for any athlete.

There was something very special thrown into the mix this year – the twinnie heats. This was a content within the contest for riders of twin fin boards only. So why special though? It's the story behind the twin fins used in the event that is so special.



WESTSIDE KNEELOS

Georgia EAST



I often joke that I have the diet of a seal – I’m absolutely besotted with fish. From snoek to sardines, oysters to alikreukel, there’s few seafoods I won’t sample.

I’ve been a food writer, stylist and photographer for the past 6 years – a career that’s resulted in multiple brand campaigns, collaborations and my first cookbook, published in late 2019.

West Coast Wander (Penguin Random House) was born out of my passion for the West Coast and its cuisine, culture and character.

I wanted to encapsulate the diverse flavour of the Cape West Coast and share ingredients like heerboontjies, veldkool and that most iconic of West Coast food – bokkoms.

Because you know what they say – if you don’t like fish, try a little harder. How did my love affair with the West Coast come to fruition?

I’ve been coming here for almost three decades, lured irresistibly by the stretch of coastline and the towns settled along it.

There are many aspects about the West Coast that can conjure up emotion in those who visit it, and it is often said that one either loves the area or hates it.

One just needs to be willing to see the West Coast with the right kind of eyes.

Time spent on the West Coast lends inspiration to my recipes, with local ingredients making the basis for my style of simple Mediterranean-influenced cooking.

From seafood to fleur de sel, Sandveld lamb and sweet potatoes, the West Coast offers the culinarily-inclined a veritable feast of flavour.

Hence why a weekend spent here is always an excuse to eat in abundance!

Particularly passionate about seafood, I’ve never met a snoek I didn’t like – with the gamey, meaty flavour of this apex predator making for some of the best “braaivis” (instead of braaivleis) around!

One of my favourite recipes in my cookbook was the one for braaied snoek with paprika garlic butter – a tasty twist on the classic apricot jam basting.

BY: GEORGIA EAST





Located in the North Malè Atoll, approximately 30 minutes boat ride from Malè airport is Hudhuranfushi Surf Resort (translates to 'Island of White Gold'). Formerly known as Lohifushi, this is the ultimate surfers' paradise with a perfect left on your doorstep!

Hudhuranfushi is a multi-facility resort. The island itself is highly regarded as one of the most naturally beautiful islands in the Maldives.

This reputation is due to the lush tropical vegetation that offers plenty of shade from the hot sun and the white sandy beaches that lead into the turquoise lagoons, teeming with tropical fish (it's a snorkeller's paradise, too!).

Guaranteed uncrowded with surfing - Surfer numbers capped

World Surfaris initiated the capping of on-island surfer numbers to a maximum of 45 to improve the surfer package and maintain uncrowded waves at the house break 'Lohis'.

Hudhuranfushi Surf Resort is a mid-range multi-facility resort, perfect for surfing couples, honeymooners, families or the boys looking to kick back after a boat trip.

There are not too many resorts in the world with a world-class wave within walking distance from your room. Lohis is widely regarded as the best left in the Maldives, not only is it super consistent and

surf-able in any swell/wind/tide combination, but it is also good at any size, from 2ft to 6ft, and has multiple take off areas to spread out the guests.

It's hard to imagine a better set up so close to your room. Under the surfer management plan, you will be one of only 45 surfers with access to Lohi's left.

Less people in the water will mean more waves for you, but with only 45 passes available at any one time, you must act now.

MEALS

Banyan Restaurant: Hudhuranfushi's main restaurant serves an extensive buffet for breakfast, lunch and dinner. Breakfast features fresh croissants and baked treats from the on-island bakery, fresh fruits with natural yogurt and the legendary "all in" Lohis omelettes.

Lunch and Dinner buffets feature traditional Maldivian and Western cuisines such as pastas, curries and stir fries, plus a daily speciality like grilled fish. In addition, you can expect a good healthy salad selection, lots of fresh tropical fruits and an impressive dessert bar.

Sunset Restaurant: Perched on a deck overlooking the island's scenic harbour, the Sunset Restaurant offers an exceptionally fine dining experience featuring an impressive a la carte menu.

This elegant restaurant is ideal for any special occasion, and we do recommend you indulge at least once during your stay.

Indian Pavilion:

Offering guests both North and South Indian cuisine, for a more traditional experience. Open for lunch and dinner, we recommend reservations.

Sunset Bar: is attached to Sunset Restaurant and is a great place to enjoy a chilled bottle of wine as the sun sets.

Beach Bar + Grill: is at the north end of the island next to the beach volleyball court.

Hiyala Bar: is the main bar near reception.

Dohdi Bar: also known as the Disco Bar is near to the dive centre.

Lohis Bar: is at the south end of the island with full view of Lohis left and the ultimate place to kick back and tell 'best wave' stories after a hard day in the water. "All Inclusive" beverages now available until 11pm.

Also, Lohis Bar now offers Buffet Breakfast & Lunch for surfers and their families, rather than having to

take all meals at the main Banyan Restaurant.

World Surfaris packages are all inclusive with buffet breakfast, lunch and dinner in the Banyan Restaurant daily; 3 snack buffets (morning tea/ afternoon tea/ midnight snacks); and "all inclusive" beverages (full description as per World Surfaris quotes).

ACCOMMODATION

Hudhuranfushi resort accommodation is a mix of Lohis Rooms (within 1 min walk to surf break); Beach Villas; and romantic Ocean Villas.

Lohis Rooms: World Surfaris has the main allocation of these from March till November. This is the ultimate place to stay for keen surfers who want to be as close to the action as possible.

It is literally a 1 min walk from room to paddle out. These rooms are configured with 1 double bed or 2 single beds with TV, Mini Bar, wardrobe, well-appointed bathroom, and a small relaxation deck.

Beach Villas: are spacious with timber front deck, polished

cement flooring, TV, mini bar, bathtub and outdoor open-air shower.

The beach villas are literally 20 steps under the vegetation canopy to the white sandy beach and lagoon making the beach villas an ideal choice for couple or families

with non-surfers.

Ocean Villas: are ideal for honeymooners or that special romantic occasion however they are only available on a request basis and prices are substantially higher.

All rooms are air conditioned as



well as ceiling fans. Non surfing partners and families love the laid-back island paradise feel just as much as the surfers.

YOGA CLASSES / PHYSIOTHERAPY

Hudhuranfushi Surf Resort is now offering an exciting yoga

programme and physiotherapy treatments this surf season.

The programme includes twice daily sessions of surf specific yoga to prepare and recover the body for what will be long days of perfect waves. Packages will be available for purchase at the resort with

exclusive private and semi-private sessions also available.

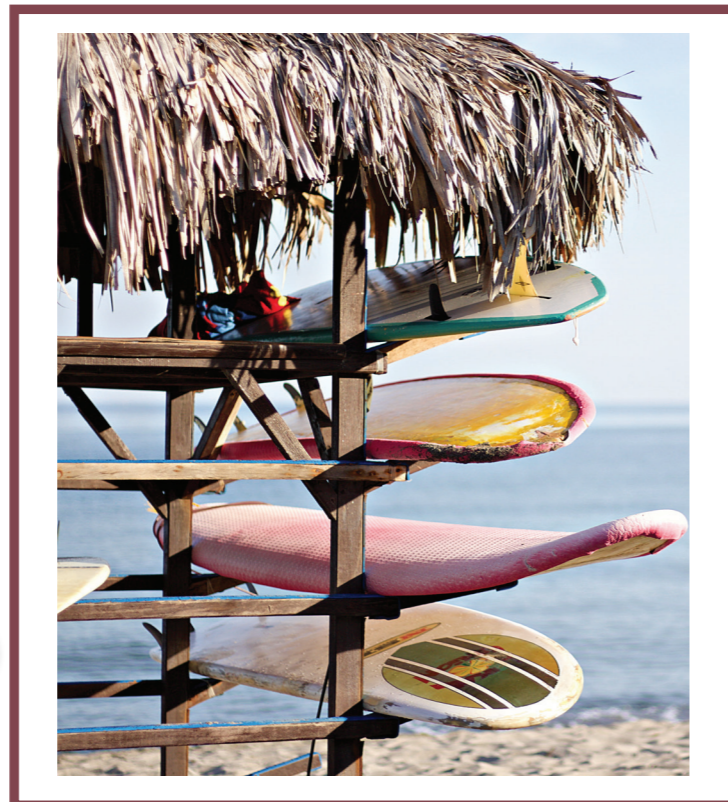
Surfing guests will have booking priority for physiotherapy sessions which include trimmings, soft tissue release, joint mobilisation, injury diagnosis and exercise management.

Please ask your World Surfari's travel consultant for more information and pricing.

Maldives



Lohis





BEat BRAai LOve



When two complete strangers, from two way different walks of life, meet, fall in love and start a business together, a wide array of complications could be expected. But in a true Hollywood Rom-Com style, at the end, love conquered all.

Robyn & John

Spice up
YOUR
LIFE



John McClelland and I connected through our combined love of food, people and our beautiful town, Elands Bay.

These things together created the idea of starting a business together and working towards a goal of having a brand that would one day become a household name in South Africa and possibly worldwide.

But long before our story even began, the story of Mac Spice was already written.

The 1960's saw the birth of the flavour of Mac Spice, as John's mother, Antoinette McClelland, created this unique combination of spices to use in all her favourite recipes and it became a staple in the McClelland family household.

This secret family recipe has been handed down and used amongst family members to enjoy with their food and braai's.

Round about the 1990's the family decided to bottle the spice to share the great taste of Mac Spice as gifts around Christmases and Birthdays.

This however turned out to be a big hit and the demand for the spice started rising.

2019 was when John and I decided that we would take the amazing taste of Mac Spice and introduce

it to the local market. At the time I was a freelance graphic designer, with experience in product, label and web design, and John was on a sabbatical, trying to figure out how to start a business in Elands Bay, that would be sustainable enough to be able to live in this beautiful town.

All the elements pointed towards Mac Spice and we vowed to put all our blood, sweat and tears into this endeavour.

We started out in the garage of my home in Elands Bay, mixing our unique secret recipe by hand and bottling, labelling and packaging everything to perfection, working into the late hours of the night.

We made sales calls to all the local shops, butcheries and farm-stalls and we were greeted with the warmest West Coast welcome.

Note that starting a business in a small, remote town on the West Coast does not come without its challenges, as costly transportation fees were looming and then the Covid-19 lock down.

One of our bigger challenges was separating work from our very new relationship, and we still have difficulties switching off but at the end of the day, knowing we are both doing this for one another and our future makes it all worth while.

Going BIKING

5 DAY TRIPS



Chapman's Peak Noordhoek to Hout Bay M6

This might only be a 15km stretch of road but there is nothing better than taking a slow drive around the Cape's famous Chapman's Peak, says Jörg Vogel of Cape Bike Travel. "It's a short trip, but there are various stops along the way that allow you to stretch the 15-minute drive into an hour."

Also, he says, it keeps the newbie-pillion entertained, but offers enough adventure for the more experienced rider. According to Vogel, what adds to the route is that on either side of Noordhoek and Hout Bay there is room to travel further, be it further along the coast through Kommetjie to Misty Cliffs or Scarborough, or into Cape Town via Llandudno and Camps Bay.

Linking Noordhoek's white sandy beaches with Hout Bay on the other side, it is undoubtedly one of the Cape's most scenic routes. With some very tight and twisty corners, it is motorbike heaven, but more often than not the fantastic view grabs all the attention. There is a toll payable on Chapman's Peak drive, so it is advisable to have a wallet handy. This route can also be included in the longer Atlantic seaboard route in its entirety.

Clarence Drive Gordons Bay to Rooi Els R44

Covering a distance of 25km, it is not hard to argue for this stretch of coastline as an out ride, says Andrew Vaughan of Ride Down South. "Like Chapman's Peak, it is one of the most scenic in the world. With over 70 bends on a road that twists past the towering Kogelberg mountain range, climbing and descending toward the sea in False Bay it makes for a fantastic ride on a motorcycle. This is another slow-paced route, ideal for a two-up ride," says Vogel.

Starting in Gordon's Bay, the route will take a short 30-minute ride one way. It has plenty of curves and new riders are advised to be cautious if they are still getting the hang of two wheels. Like Chapman's Peak, the route is a popular tourist attraction, especially over weekends, meaning it can be busy with pedestrians and slow traffic. Those opting for a longer ride could head around the point to Betty's Bay – or carry on to Hermanus to spot a whale or two if it's the season.

Du Toits Kloof and Bains Kloof Pass R101 and R301

These two spectacular passes cut through the Cape Fold Mountains

and offer breathtaking views, sweeping bends and many opportunities to stop and admire both the ingenuity of the pass-builders and the majestic landscapes, says Vaughan.

Du Toits Kloof, between Paarl and Worcester, was the original road to Cape Town prior to the opening of the Huguenot Tunnel in 1988, and is one of the Cape's great passes. It is considered a tight and tough ride with soaring cliffs that line the route.

Bains Kloof is on the regional road between Wellington and Ceres, reaching a height of 594 metres. Possibly one of the most picturesque and magnificently constructed passes in southern Africa, it is also a national monument.

Covering a combined distance of around 100km, these two passes can be built into a longer regional trip or be done together in a day trip. Alternatively, one can also opt to only do one or the other, says Vaughan.

Cederberg backroads to Ceres through the Koue Bokkeveld

Mostly gravel roads with some corrugations or washboards, this 160km stretch of road is a firm favourite for motorcycle enthusiasts. According to Vaughan, the route starts at the Algeria Wilderness cottages in the Cederberg, going on to Ceres. "It is one of our favourite gravel road rides in the Western Cape," he says.

The route leads through the heart of the Cederberg wilderness area and the remote Koue Bokkeveld Mountains. According to Vaughan, it is a more challenging ride and does require one to be comfortable not just on a motorcycle but also on gravel roads.

Seweweekspoort Pass and Swartberg Pass into Die Hel (Gamkaskloof Valley)

Don't be put off by the name, but a motorbike journey to Die Hel and back is an experience that you will never forget. "This ride will be a story you tell for a long time after," says Vaughan.

Covering a distance of around 240km with at least 80% of the travel time on gravel, experts advise against trying to complete this as an out and back drive in a single day, despite it only taking between four and six hours to do this stretch. According to Vaughan it is mostly combined into a three-day tour. This particular route is also probably better suited to more experienced riders.

MTB



The best way to get fit fast!



There are many fantastic MTB Trails on the Cape West Coast where all enthusiasts, from families and beginners to experts and professionals, will find a mountain bike trail to suit them.

The vast range of road and trail conditions, weather patterns and fauna and flora always make for an interesting ride. Ground and surface types in the region vary greatly and there is everything from sand and loose gravel, to hard packed calcrete and corrugated roads, to rocky climbs and marshy vleis, to coastal and mountainous single track.

The cool moist winter months mean that many of the sandier tracks become rideable for 3-4 months of the year, allowing for a variety of fynbos single track routes.

And being a relatively unspoiled and wild area means that animal encounters are almost guaranteed.

YZERFONTEIN

!KHWATU

With its diverse terrain and spectacular vistas, !Khwatuu has the perfect landscape for excellent mountain biking.

Their trail includes two well-marked routes suitable for all levels of experience, from casual leisure rider to experienced adrenaline junkie.

The combination of single track, jeep track, farm roads, relaxed riding, technical sections, fast moving terrain and beautiful scenery all make for the perfect ride.

LANGEBAAN

WEST COAST FOSSIL PARK TRAILS

Beginning at the visitor's centre, there are four trails from which to choose, varying in distance and degrees of difficulty.

Traversing a number of different rehabilitated areas in the Fossil Park, they offer an excellent opportunity to experience first-hand the unique west coast flora and fauna.

After your ride, you can take one of their fascinating fossil tours or relax with a picnic basket in the lovely garden area.

WEST COAST NATIONAL PARK

The West Coast National Park is known for offering so many glorious outdoor attractions, with everything from deserted beach hikes to incredible, seasonal wildflower spotting, houseboats and swimming in Kraalbaai available to visitors.

The park is great for romantic, fun couple excursions, trips with your family and friends or even solo travels designed to leave the city and its stresses behind.

Among the park's many activities and attractions are the perhaps lesser known MTB and cycling routes. For normal cycling, you can cycle from the Langebaan gate to Geelbek on a return trip that spans some 30km on tarred road.

Or, if you're craving a longer cycle, you can cycle from the Langebaan gate to Kraalbaai on a return trip that amasses some 70km on tarred road. For mountain biking, there are two routes.

The first is the 13km Green Trail (follow the green signs), which

starts at the Langebaan gate.

This leads up to the Seeberg Bird Hide before taking you back to the gate.

The second, slightly longer route is the 17km Red Trail (follow the red signs).

This uses a similar route to the Green Trail but instead takes you up to the Seeberg Lookout and thereafter onto Mooimaak before you head back to the Langebaan gate.

There are some rules that cyclists and mountain bikers must follow. No helmet, no riding...

Respect the Park and please do not damage anything. Beware of and do not scare or hurt the animals.

Leave behind no trace, except tyre spoons on the road. Ride on the marked, signed trails and obey the no-entry signs.

Be aware of other cars and cyclists on the roads. Follow normal rules of the road on the tar roads.

Barring the permitted cycling and MTB routes, no bike may use any other trail or dirt road in the Park.

SALDANHA NATURE RESERVE

The pristine reserve is located inside the military grounds on a peninsula at the north western end of Saldanha bay.

Some of the tracks can be a bit sandy in summer but otherwise it is great for riding all year round.

Summer has cool sea breezes and in spring you will experience some of the best flowers displays on the West Coast.

CITRUSDAL

PIEKENIERSKLOOF MOUNTAIN RESORT

The Piekenierskloof Mountain Resort is not called a mountain resort for no reason.

The resort is surrounded by cliffs and trails to make any mountain biking enthusiast's mouth water.

The resort has a 30km medium to difficult mountain biking trail, which is single track with some jeep track and courses through rough terrain with spectacular views of the Cederberg Mountains in the distance.





LAMBERTSBAY

My journey at Mad Hatter's Coffee Shop started a year ago, just after the first heavy Lockdown.

It was the most inconceivable time to start a business especially in the wake of so many restaurants having closed down during the level 5 lockdown.

But I had always dreamt of having my own Coffee Shop, and after being in the food industry for 25 years as a chef, here this dream was being offered to me and I knew an opportunity like this would not present itself again soon, so I grabbed it with both hands!!

Everyone in the hospitality industry knows you have to be a little crazy, even downright MAD to be in this industry.

But early on in my career I realized that one has to focus on the Customer, so we also changed our motto, from we're all a little Mad here, to ~Mad Hatter's, We're Mad About You!!~

In December we also launched a Pay-it forward Post-it system where patrons could buy coffees for strangers, and it was a huge hit especially with the holiday makers visiting our town.

This idea of paying it forward also pulled us through the July Lockdown this year as we received an overwhelming response from customers that sponsored meals to needy families during lockdown.

No man is an island, and I strongly believe that no business is exempt from helping and supporting the needy in their own community.

We have a small A`la Carte Menu, some of our most popular dishes are our French Toast with Green Figs and Bacon, and our home-made Bobotie is also a favourite with our customers.



Bertina

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We use Illy as our house brand Coffee and love the consistency of this internationally renowned brand of Coffee.

We serve breakfast all day and also have a display fridge with cakes to complement our range of Illy Coffee and assorted Carmien Rooibos Teas.

And we also love to do functions and small parties, and we specialize in custom-made birthday and wedding cakes.

We offer home-made jams and preserves, home-made sweet treats and cookies. We support Local artists and stock and sell handmade arts and crafts.

So next time you're looking for a small venue to host and intimate function, or to celebrate your child's birthday, don't hesitate to call Mad Hatters Coffee Shop!!

Or just pop in for an Illy Coffee or come have breakfast with us!! Hope to see you soon!!

By: Bertina Engelbrecht



It doesn't have to
end here.

life is short

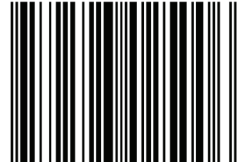
world is wide

just go



travel to make memories

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